





I | A great number of women suffer from pregnancy ailments.

Do you recognize that?





2 | The advice for pregnant women is to stay active.

What do you think?





3 | Often you hear that a pregnant woman has to eat twice as much.

What do you think?





4 | Statement - If a pregnant woman eats a carrot, the baby tastes this as well.





5 | What do you deem important when it comes to the birth plan?





6 | Do you eat differently now that you are pregnant?





7 | How does it feel to be pregnant?





8 | What is the (upcoming) father's role in pregnancy?





9 | How does the (upcoming) father prepares for the baby?

RELAX
REFRESH
RECHARGE



10 | How do you make sure you relax plentiful during pregnancy?

HELPFUL
TIPS





11 | Pregnant women often get loads of advice from others. How is this for you?

A wooden clothespin is attached to a white rectangular card. The card is held in place by a thin, light-colored string that runs horizontally across the frame. The card is tilted slightly upwards and to the right. The background is a dark, textured surface, possibly a piece of paper or fabric, with a mottled, marbled appearance. The lighting is soft, highlighting the texture of the card and the wood of the clothespin.

BE PREPARED



12 | How do you prepare for the arrival of your child?





13 | If your child is born, what advice would you like to give him for the future?

relatives importance

brother
human

relative mother ties relations

togetherness SOS stable family bond happy

nobody

parenthood

relation strong supports network

FAMILY

friend

love perfect together

important trust supportive relationship

mother

good related foundation

life sharing

father

friends

counseling



14 | How would your life change when the baby arrives?